

Recap: our action for $g_{\mu\nu}$ field

- Last time, we started on deriving Einstein's equations for GR from an action principle.
- * Experiment \Rightarrow massless, spin-two field (rather than some other type of field.) $\boxed{g_{\mu\nu}}$
 - * Lowest-order in derivatives action consistent with symmetries (and Occam's Razor) \Rightarrow

$$S_{\text{grav}} = \frac{1}{16\pi G_N} \int dx \sqrt{-g} (R - 2\Lambda)$$

- We began to find eqns of motion by first focusing on

$$\delta \sqrt{-g} = -\frac{1}{2} \sqrt{-g} g_{\mu\nu} \delta g^{\mu\nu} \quad (= +\frac{1}{2} \sqrt{-g} g^{\mu\nu} \delta g_{\mu\nu})$$

- If we can show this, then this follows, because

$$\delta (g^{\mu\nu} g_{\nu\lambda}) = (\delta g^{\mu\nu}) g_{\nu\lambda} + g^{\mu\nu} (\delta g_{\nu\lambda})$$

$$= \delta (g^{\mu\lambda}) = \delta (\delta g^{\mu\lambda}) \equiv 0$$

$$\Rightarrow (\delta g^{\mu\nu}) g_{\nu\lambda} = -g^{\mu\nu} (\delta g_{\nu\lambda})$$

} "converts upstairs" to downstairs" 😊

Varying metric determinant wrt. metric tensor

So what of $\delta\sqrt{-g}$?

If we consider a matrix $M = (g_{\alpha\beta})$ and take the determinant:

$\det M = \prod_i \lambda_i$, $\{\lambda_i\} =$ eigenvalues of M

$= \exp(\ln \prod_i \lambda_i)$

$= \exp(\sum_i \ln \lambda_i)$

$= \exp(\text{Tr}(\ln M))$ ← [definition of $\ln M$]

Now let's vary wrt. M . We have that

i.e. $\delta(\det M) = (\det M) \cdot \delta(\text{Tr}(\ln M))$ ← [$\delta(\ln X) = \frac{\delta X}{X}$]

$\frac{\delta(\det M)}{(\det M)} = \text{Tr}(M^{-1} \delta M)$ ← [cyclicity of Tr]

And here we take $\det M = (-g)$ so $\frac{\delta(-g)}{(-g)} = g^{\mu\nu} \delta g_{\mu\nu} = -g^{\alpha\beta} \delta g^{\alpha\beta}$

so that $\frac{\delta\sqrt{-g}}{\sqrt{-g}} = -\frac{1}{2} g^{\alpha\beta} \delta g^{\alpha\beta}$ ($= +\frac{1}{2} g^{\alpha\beta} \delta g_{\alpha\beta}$)

Varying Ricci scalar wrt. metric tensor

- The trickiest part is finding δR , and we can simplify that part by writing

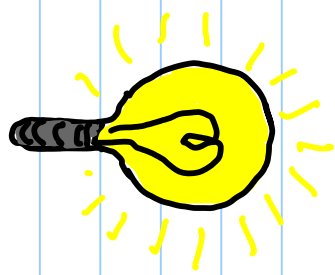
$$\delta(R) = \delta(g_{\mu\nu} R^{\mu\nu})$$

$$= (\delta g^{\mu\nu}) R_{\mu\nu} + g_{\mu\nu} (\delta R^{\mu\nu})$$

← [Leibniz rule]

this we know this we want

(*)



Easier (MUCH!) to find $\frac{\delta R_{\mu\nu}}{\delta \Gamma^{\alpha}_{\beta\gamma}}$ than to find $\frac{\delta R_{\mu\nu}}{\delta g_{\alpha\beta}}$ largely because Γ is first-order in derivatives of g , while R is second-order.

- The only potential fly in the ointment here is: what if the fantasy that $\delta \Gamma$ is independent of the δg is actually just that: fantasy??

How varying Christoffels helps

- The super-cool observation of Palatini was that insisting on a torsion-free, metric-compatible connection does not budge up anything (V). 😊
- Some authors of GR texts call this procedure "letting ST flap in the breeze" and I like this terminology. More accurately, it's called using the "first-order formalism": insisting $\nabla_\alpha g_{\beta\gamma} = 0$ after the fact just neatly connects $\Gamma^\alpha_{\beta\gamma}$ to $g_{\mu\nu}$ (in the way we know).

• OK. So let's go compute $\frac{\delta R^\alpha_{\beta\gamma\delta}}{\delta \Gamma^\mu_{\nu\lambda}}$!

- Possible worry: $\Gamma^\mu_{\nu\lambda}$ is NOT a tensor (as we saw in lecture previously there are terms in the transformation law for $\Gamma^\mu_{\nu\lambda}$ which spoil tensoriality...).
- Resolution: interestingly, these "nasty bits" actually go away if you take a difference of two Γ 's!

In particular:

$$\delta \Gamma^\mu_{\nu\lambda} \text{ is a tensor.}$$

(Try it & see!)

Final steps toward SR

(5)

(5.1) • We're interested in $R^\gamma{}_{\beta\gamma\delta} = \partial_\gamma \Gamma^\alpha{}_{\beta\gamma} + \Gamma^\alpha{}_{\gamma\epsilon} \Gamma^\epsilon{}_{\beta\delta} - (\gamma \leftrightarrow \delta)$

(5.2) • By taking $\nabla_\gamma (\Gamma^\alpha{}_{\beta\gamma}) = \partial_\gamma (\Gamma^\alpha{}_{\beta\gamma}) + \Gamma^\alpha{}_{\gamma\sigma} (\delta\Gamma^\sigma{}_{\beta\gamma}) - \Gamma^\sigma{}_{\gamma\delta} (\delta\Gamma^\alpha{}_{\sigma\beta})$ - $\{\gamma \leftrightarrow \delta\}$
 it is straightforward* to find that

(5.3) $\delta R^\alpha{}_{\beta\gamma\delta} = \nabla_\beta (\delta\Gamma^\alpha{}_{\delta\gamma}) - \nabla_\delta (\delta\Gamma^\alpha{}_{\beta\gamma})$

(* if rather tedious ... 😊)

(*) Now we can finally! write δS_{grav} :- bona fide tensorial equation

(5.4)
$$\delta S_{\text{grav}} = \frac{1}{16\pi G_N} \int d^D x \left\{ (\delta\sqrt{-g}) g^{\alpha\beta} R_{\alpha\beta} + \sqrt{-g} (\delta g^{\alpha\beta}) R_{\alpha\beta} + \sqrt{-g} g^{\alpha\beta} (\delta R_{\alpha\beta}) - 2\Lambda \delta(\sqrt{-g}) \right\}$$

(5.5)
$$\Rightarrow \delta S_{\text{grav}} = \frac{1}{16\pi G_N} \int d^D x \left\{ \left(-\frac{1}{2} \sqrt{-g} g_{\mu\nu} R + \sqrt{-g} R_{\mu\nu} \right) \delta g^{\mu\nu} + \Lambda \sqrt{-g} g_{\mu\nu} \delta g^{\mu\nu} + \sqrt{-g} g^{\alpha\beta} g^{\gamma\delta} \left[\nabla_\gamma (\delta\Gamma^\alpha{}_{\delta\beta}) - \nabla_\delta (\delta\Gamma^\alpha{}_{\beta\gamma}) \right] \right\}$$

• Now, since

(a) metric is compatible with connection

(6.1) $\Rightarrow \nabla_\alpha g_{\beta\gamma} = 0$

(b) for any vector V^β , $\int d^Dx \sqrt{-g} \nabla_\mu V^\mu \equiv \int d^Dx \partial_\mu V^\mu$

(see Carroll and/or prove it for yourself)

i.e. get total derivative

= irrelevant on a topologically trivial spacetime (we will assume this here.)

(6.3)
$$\delta S_{\text{grav}} = \frac{1}{16\pi G_N} \int d^Dx \sqrt{-g} \left(R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R + \Lambda g_{\mu\nu} \right) \delta g^{\mu\nu}$$

⊗ Now, typically Smatter does involve $g^{\alpha\beta}$, even if only to contract up some vector or tensor indices to make a scalar! Otherwise, matter not coupled to gravity!

• So we derive that, with

(6.4)
$$T_{\mu\nu} \equiv \frac{-2}{\sqrt{-g}} \frac{\delta (S_{\text{matter}})}{\delta g^{\mu\nu}}$$

(6.5)
$$R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R + \Lambda g_{\mu\nu} = 8\pi G_N T_{\mu\nu}$$

⊗ VERY important equations; G_N in a nutshell!